



## **Borderline Personality Disorder**

### **A VICSERV Specialist Partnership Training Program**

#### **Program Overview**

An introductory workshop program for PDRS workers, mental health services clinicians and others. The workshop provides a comprehensive introduction to concepts and interventions relevant to treatment and support for individuals with a diagnosis of borderline personality disorder.

This one day program is presented in conjunction with Spectrum.

#### **Content Includes:**

- ✓ Understanding of the context and meaning of the diagnosis Borderline Personality Disorder (BPD) and why we should support and treat people with this diagnosis
- ✓ Overview of the relationship between early trauma and neglect and key BPD symptoms
- ✓ Address the meaning of **self harm** and how to work with people who are prone to self harm in ways likely to help
- ✓ Explore the idea of **stimulus entrapment** and what this means for supporting people with Borderline Personality Disorder
- ✓ Develop some helpful ideas on how to work with clinical services

#### **Who Should Attend?**

This workshop has been designed to meet the needs of workers from non government organizations who provide treatment, accommodation and/or support services to mental health clients who meet the criteria for a diagnosis of borderline personality disorder.

It is also suitable for other clinicians working with this client group, including staff from drug treatment services, intellectual disability services and private practitioners.

#### **About Spectrum:**

Spectrum has been established to support the treatment of people meeting the criteria for a diagnosis of borderline personality disorder within state adult mental health services. A major focus of our work is assisting those who have a history of repeated self-harm and/or suicide attempts.

We meet the needs of this client group primarily via the provision of consultation and training to clinicians across Victoria. We also provide residential assessment and treatment services to a small number of clients who need specialist services that cannot be provided at the local level.

Staff at Spectrum aim to develop respectful and collaborative relationships with clients and with the services involved. We are open to a variety of theories, views, methods and styles of treatment.

Spectrum have a strong commitment to finding the wisdom in apparently divergent views and in fostering a climate of open enquiry in which both clinicians and clients can be supported in reflecting on and learning from their own experience.

**Trainer:** Robert Trett, Treatment Services Manager, Spectrum  
**Date(s) & time(s)** Wednesday 28 May 2008 9.15am – 4.30pm  
**Location:** Australian Education Union, 112 Trenerry Crescent, Abbotsford  
 Closest train station to the Australian Education Union is Victoria Park.  
 Free car parking is available close by in Maugeie, Abbott or Lulie Streets. -  
 Melways 44 E3.  
**Cost:** VICSERV Member Rate \$132.00 including GST, Lunch & Course Materials  
 Non Member Rate \$165.00 including GST, Lunch & Course Materials

	<b>Please fax this registration form to (03) 9519 7022, OR mail to Level 2, 22 Horne Street, Elsternwick 3185 OR email: <a href="mailto:training@vicserv.org.au">training@vicserv.org.au</a></b>		
<b>Name (please print):</b>			
<b>Course &amp; Code:</b>	<b>Borderline Personality Disorder T812A</b>		
<b>Date(s) &amp; time(s)</b>	<b>Wednesday 26 November 9.15am – 4.30pm</b>		
<b>Location:</b>	<b>Australian Education Union, 112 Trenerry Crescent, Abbotsford</b>		
<b>Cost (please tick box):</b>	<b>VICSERV Member Rate \$132.00 inc GST</b>	<input type="checkbox"/>	
	<b>Non Member Rate \$165.00 inc GST Text</b>	<input type="checkbox"/>	
<b>Organisation:</b>			
<b>Invoice Address:</b>			
<b>Suburb:</b>		<b>Postcode:</b>	
<b>Tel:</b>			
<b>Fax:</b>			
<b>Email:</b>			
<b>Confirmation Address (if different from Invoice Address):</b>			
<b>Suburb:</b>		<b>Postcode:</b>	