



FEBRUARY

Certificate IV in Alcohol and Other Drugs (CHC41702)

9th and 10th February, 9th and 10th March
Facilitator: Ballarat University Training Team AOD Department

This program is a fast track version of a full-time course, and is designed to be delivered to workers in the health and welfare field who have some experience of working with clients who have AOD issues and who hold the qualification of Certificate IV in Mental Health (non clinical) from VICSERV or are currently completing this qualification. This program focuses on the following competencies:

- CHCAOD2C: Orientation to the alcohol and other drugs sector
- CHCAOD6B: Work with clients who are intoxicated
- CHCAOD8C: Assess the needs of clients who have alcohol and/or other drugs issues
- CHCAOD10A: Work with clients who have alcohol and/or other drugs issues

This program will also be conducted in May.

Introduction to Motivational Interviewing

15th and 22nd February
Facilitator: Bill Tune - Victorian Dual Diagnosis – Education & Training Unit.

This two-day workshop introduces participants to the basic principles and practices of motivational interviewing. The participants will gain an awareness and understanding of the principles of motivational interviewing, practice some of the techniques and build upon their current level of counselling skills.

The main topics include:

- history and theory of motivational interviewing
- stages of change
- five principles of motivational interviewing
- importance and function of “change talk” and dealing with ambivalence and resistance

Mental Health First Aid

19th and 26th February
Facilitator: Sue Durham - VICSERV Training Team
The Mental Health First Aid program was developed in 2001 at the Centre for Mental Health Research at the Australian National University by Betty Kitchener and Professor Tony Jorm. In 2005 the program moved to Orygen Youth Health Research Centre at the University of Melbourne and the program is now delivered in every state and territory in Australia and internationally.

The course teaches adults how to provide initial support to adults experiencing a mental health crisis or developing a mental health problem. Participants will learn the signs and symptoms of major mental health problems, where and how to get help and what sort of help has been shown by research to be effective.

MARCH

Certificate IV in Training and Assessment (TAA40104)

25th and 26th March (12 days over 7 months)
Facilitator: Jenny Vibert - Wodonga TAFE
The Certificate IV in Training & Assessment (TAA40104) is a nationally recognised and accredited training program. It covers the skills and abilities required to deliver training in a particular industry area and to conduct competency-based assessment in a range of contexts. The course will enable participants to optimise training outcomes in their workplaces, gain national recognition for their workplace training role, and allow them to work as a trainer and assessor in a Registered Training Organisation. Upon successful completion of this training, participants will need to be prepared to be involved as a casual member of the VICSERV Training Team, delivering accredited training and undertaking workplace assessments both at VICSERV and in their region. An application form must be completed.

Orientation to PDRS

1st, 15th and 22nd March
Facilitator: Elly Zierke - VICSERV Training Team
This program will provide an overview of the Psychiatric Disability Rehabilitation and Support (PDRS) sector. There will be a focus on the issues faced by consumers of psychiatric services, which relate to the support worker. It will also examine the core values, ethics and expectations, which underpin professional practice in the workplace. This training program provides a foundation for all VICSERV training for the PDRS sector and is tailored to workers with up to 12 months' experience.

Professional Supervision

12th and 19th March
Facilitator: Sheree McDonald
This course gives participants the opportunity to understand the key roles of an effective supervisor, develop the capabilities and practice skills required, experience the relief and joy of having a flexible supervision methodology, develop confidence in assessing performance, building an effective relationship, maximise learning and achieve real change. This training program is designed for managers, co-ordinators, team leaders and/or professional supervisors.

APRIL

VICSERV 2010 International Mental Health Conference: Unfinished Business: pathways to social inclusion

29th and 30th April
Melbourne Cricket Ground
The theme of this year's conference is 'Unfinished Business: pathways to social inclusion'. The conference will explore how people with a mental illness can participate more fully in the community. Streams include housing, health, education, employment and stigma reduction. International and Australian speakers will present the latest research and current trends in mental health policy, planning and program delivery. The conference is aimed at PDRS sector workers, consumers, carers and anyone with an interest in improving the lives of people with a mental illness.
For more information go to: www.vicserv.org.au

MAY

Borderline Personality Disorder – Introduction

5th May
Facilitator: Robert Trett - Treatment Services Manager, Spectrum
This is an introductory workshop program for PDRS workers, mental health services clinicians and others. The workshop provides a comprehensive introduction to concepts and interventions relevant to treatment and support for individuals with a diagnosis of borderline personality disorder.

Introduction to Dual Diagnosis for Mental Health Clinicians

10th and 17th May
Facilitator: Dual Diagnosis - Education and Training Unit
The workshop will provide a broad overview of the interactions between substance use and mental illness. Participants will have the opportunity to learn practical approaches with a range of interventions and the use of a complex case presentation. This workshop will introduce participants to the context of dual diagnosis in Australia and models of understanding within current intervention approaches. An overview of how drugs affect the human body will also be provided and participants also learn about the AOD service system and how it can be accessed.

OH&S Systems, Practices and Challenges

20th May
Facilitator: Christine Dineen
This workshop is designed to give managers the opportunity to review their systems, practices and explore the unique occupational health and safety challenges faced in the PDRS sector. It will focus on the OH&S issues that may occur when providing support to individuals in their homes and when working closely with people in the community.

Certificate IV in Alcohol and Other Drugs (CHC41702)

31st May, 1st June, and 12th and 13th July
Facilitator: Ballarat University Training Team AOD Department
This program is a fast track version of a full-time course, and is designed to be delivered to workers in the health and welfare field who have some experience of working with clients who have AOD issues and who hold the qualification of Certificate IV in Mental Health (non clinical) from VICSERV or are currently completing this qualification.

More course details outlined in February.

JUNE

Principles and Practices of Psychiatric Disability Rehabilitation and Support (PDRS)

4th, 11th and 18th June
Facilitator: Xenia Girdler - VICSERV Training Team
This three-day program is specifically designed to provide participants with the knowledge and skills needed in the work of PDRS. It is ideally suited to PDRS workers with up to 12 months' experience. The content and process of the program will add to professional practices whether working with individual consumers, in groups, in residential settings or actively linking people into broader community options. The program aims to enable workers to engage in debate and discussion around the development of practice theory, practice skills, and the self-awareness required for an effective PDRS worker.

Diploma of Quality Auditing (BSB51607)

7th and 8th June (also 2 days in August, October and December)
Facilitator: Toni Reeves - The Centre for Excellence in Child and Family Welfare
Community Service Organisations (CSOs) operate in a context of increasing levels of regulation, quality standards and compliance requirements.

Participants will acquire the skills, knowledge and techniques that are required to plan, measure, monitor and improve services and supports. It will explore the systems, processes and practices involved in monitoring the quality of service provision internally and building effective and efficient processes that will support external compliance requirements.

The course is both theoretical and experiential and will be built around planning and managing a continuous improvement project in the participant's workplace.

By undertaking the course the participants will learn how to:

- Plan, conduct and lead quality audits and introduce internal auditing systems and processes in the workplace as part of an audit team
- Effectively identify, manage and implement risks
- Undertake preventative and corrective action to improve compliance and risk management
- Implement a program for managing and monitoring compliance

Living Skills: A Guide to Assessment and Intervention with People at Risk of Homelessness

9th June
Facilitator: Western Region Health Centre in partnership with the VICSERV Training Team
This half-day workshop introduces participants to the basic principles and practices of living skills assessment and intervention. The participants will be introduced to the *Guide to Living Skills Assessment and Intervention* developed by Western Region Health Centre. This Guide helps staff working with people at risk of homelessness assess their living skills (such as tenancy, community mobility, cooking, meal planning, shopping, cleaning, personal care, budgeting, banking and money handling, bill paying, medication, appointments, communication and emergencies and first aid) and provide appropriate interventions for independent living.

Applied Suicide Intervention Skills (ASIST)

TuneUp
10th June
Facilitator: LivingWorks
ASIST TuneUp is a half-day refresher for participants who completed the two-day ASIST workshop. The program consolidates and refines the learning from ASIST and examines how it is applied in the real world. The program invites participants to revisit elements that are familiar and provides an opportunity to share and review what they have learned from ASIST. Participants' experiences will also provide the opportunity to explore elements that are new.

Successful completion of the *Applied Suicide Intervention Skills (ASIST) two-day program* is a prerequisite for this program.

JULY

Diploma of Management (BSB51107)

16th July (11 days over an 11-month period)
Facilitator: Adam Le Good (Fundamental Training and Development) and Bill Stubbs (W.D Stubbs & Associates)
The Diploma of Management is a unique opportunity for participants to undertake a formal, nationally-recognised, tertiary qualification in management that can also be used as credits towards future qualifications. The content is targeted at team leaders, program managers and / or first-line supervisors, encompassing a broad range of the people, planning and technical skills (competencies). It is tailored to those working in the PDRS, mental health and / or community support sectors.

Healthy Living: supporting clients to make and achieve healthy living goals

21st July
Facilitator: Nikki Woolley - Mind and Body Coordinator, SANE Australia
Many people affected by mental illness are overweight or obese as a result of their illness or as a side effect of medication. The aim of this workshop is to enable participants to better support clients to make and achieve healthy living goals – to make the healthy choice an easier choice.

The voices of people affected by these issues will feature strongly in this training through use of clips from the new SANE *Healthy Living* DVD, as well as through the involvement of a trainer with experience of mental illness.

Dates don't suit? Need something else?

VICSERV can deliver customised training in your workplace, at a time that suits you.
Contact us for more details.

To register go to:

www.vicserv.org.au/training/sched/index.htm or
email training@vicserv.org.au

Call (03) 9519 7000 for enquiries